

**NATIONAL HEALTH VISITING
SERVICE SPECIFICATION 0-5 Years**

| AGE | CONTACT | BY WHOM |
|------------------|---|--|
| Ante-natal | Preparation for Parenthood | HV Team |
| By 14 Days | New birth visit | HV |
| 6-8 Weeks | Maternal Contact Feeding Support/Maternal Mental Health | HV |
| 8 Weeks | First Immunisations | PN |
| 3-4 Months | Immunisations | |
| By 12. Months | General Review (Growth, Health, Safety, Play, Sleep, Behaviour, Development, Parenting Support) | HV/AP |
| 12-13 Months | Immunisations | PN |
| 2-2½ Year Review | General Review (Growth, Health, Sleep, Behaviour, Safety, Development, Play, Parenting Support) | HV Team and/or Children's Centre Staff |
| 3-4 Years | Pre-School Immunisations | PN |

Although the above is the core contacts you are welcome to contact the service at any time if you have any queries or concerns

***Comments, Compliments,
Concerns***

We welcome your comments, compliments or concerns – by listening to these we can make sure we are giving high quality care to you and others.

Please contact our Patient Experience Team

on:

01423 555499

Who can deal with any queries you may have.

If you have a complaint of any kind please talk first to the professional delivering your care, who will endeavour to rectify this for you.

If this is not possible or you wish to take the matter further you can write to:

The Complaints Manager
Harrogate District Hospital
Lancaster Park Road
Harrogate
HG2 7SX

www.hdft.nhs.uk

Harrogate and District 
NHS Foundation Trust

**HEALTH
VISITORS
IN**

RYEDALE

Train Lane
Pickering
YO18 8DX

Tele: 01423 542482

**INFORMATION
FOR
PARENTS
ON THE
HEALTH VISITING
SERVICE
0-5 YEARS**

Welcome to our Health Visiting Service

The Team Comprises of:
Health Visitors and Assistant Practitioners

We are here to help you and your family.
You can contact the Team direct who can then arrange to see you at home or at an alternative venue.

Contact Details

| <u>Health Visitors</u> | |
|------------------------|-------------|
| Katherine Combe | 07816459850 |
| Catherine Dunn | 07920073746 |
| Maria Dwyer | 07920073708 |
| Anita Eldridge-Smith | 07920073704 |
| Allie Gunton | 07796444831 |
| Jackie Reid | 07885971996 |
| Sophie Wigby-Ashurst | 07867831019 |
| Sarah Foulger | 07881234238 |

Health Visitors Assistant Practitioner

Michelle Calvert **07766161067**

The Health Visiting Service is a unique workforce of specialist public health Nurses and Assistant Practitioners who provide expert advice, support and interventions to families with children in the first years of life. Our aim is to give every child the best start in life.

Health Visitors/Assistant Practitioners:

- Work effectively as part of the Primary Healthcare Team
- Assess and identify the health needs of individuals, families and communities
- Empower the individual to make healthy choices
- Implement National initiatives
- Caseload analysis to determine local health needs

Partnership Working and Referral

- Children Centres
- GPs
- Social Services
- Consultants (Paediatrics)
- School Nurses
- Voluntary Agencies
- Police
- Housing
- CAMHS (Children & Adolescent Mental Health Services)
- Minor Injuries Unit
- Practice Nurses
- Domestic Abuse Services
- Continence Services
- Audiology
- Speech & Language Therapy
- Orthoptist
- Education – Nurseries
- Adult Mental Health

Bringing up children is a demanding challenge and every family with a child under five years old has a named health visiting team who can advise on:

Antenatal

- Parent Craft
- Health of Family and Unborn Child
- Maternal Health
- Support Healthy Choices
- Family dynamics and parenting skills
- Infant feeding
- Cot death prevention
- Information about immunisation
- Family health
- Family planning
- Mental health
- Care and wellbeing of baby

Postnatal

- Child health promotion/development assessments
- Behaviour management/sleep
- Immunisation
- Post natal Groups
- Referral to other agencies
- Breast Feeding
- Contraception
- Sign Posting
- Domestic Abuse
- Postnatal Depression
- Drug and Alcohol
- Health Promotion